



FOR
PROFESSIONAL &
EXECUTIVE
WOMEN

UPBEAT

November and
December 2009
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November & December 2009

Annual Meeting

What is Network and What do we do?

Network felt like for the Annual meeting that it would be beneficial to “get back to the basics” and remind or inform members why Network started, how Network started and what have we done since. We hope that you will learn something new and be ready for an exciting new year of Networking in 2010!!!!

Happy Thanksgiving!!!

We normally take this time of year to reflect on our thankfulness. I will begin.... I am thankful for my wonderful family, great friends, good health, and having a job. What are you thankful for?????

Here are a few quotes I thought were appropriate:

The thing I'm most thankful for right now is elastic waistbands. ~ Author Unknown

The funny thing about Thanksgiving, or any huge meal, is that you spend 12 hours shopping for it and then chopping and cooking and braising and blanching. Then it takes 20 minutes to eat it and everybody sort of sits around in a food coma, and then it takes four hours to clean it up. ~ Ted Allen

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. ~ John Fitzgerald Kennedy

On Thanksgiving Day, all over America, families sit down to dinner at the same moment- halftime. ~ Author Unknown

*May your stuffing be tasty
May your turkey plump,
May your potatoes and gravy
Have nary a lump.
May your pies take the prize,
And may your Thanksgiving dinner
Stay off your thighs!
~ Author Unknown*



I have enjoyed this year tremendously representing Network as president. Thanks to everyone for the help and support!!!!!!

Durona Courington
President

Member News

"Tis the Season to Get Organized!" By Network Member Nancy Graham featured in the November edition of *HER Magazine*. It's the last article in the magazine. Nancy is so crafty at finding ways to help you get neat and stress free at the times that matter most.

Courtesy of Mary Jane Gaylor

U.S. Lags Behind in Work-Life Balance Policies

A new report released this week by researchers at Harvard and McGill Universities found the United States lags far behind other most industrial countries in supporting policies that promote work-life balance, the National Partnership for Women & Families reported. Raising the Global Floor: Dismantling the Myth that We Can't Afford Good Working Conditions for Everyone found that 163 nations around the world guarantee paid sick leave, 164 nations guarantee paid annual leave, 177 nations guarantee paid leave for new mothers, 174 nations guarantee paid leave for new fathers, 48 nations guarantee paid time off to care for children's health, 157 nations guarantee workers a day of rest each week. The U.S. provides none of these benefits. The report also found that none of these working conditions are linked with lower levels of economic competitiveness or employment, and in fact, that a number of the benefits were associated with increased competitiveness

Community Events

November 20 - December 30 FANTASY IN LIGHTS: Callaway Gardens, Pine Mountain, Georgia. 6 PM (EST). The most incredible holiday light show in the South. Larger-than-life lighted scenes, music, a 22,000-square-foot Christmas Village, holiday decor and more. For more information, call 1-800-225-5292. Website: www.callawayonline.com

November 29 and 30, THE NUTCRACKER: RiverCenter Bill Heard Theatre, Columbus, Georgia. 2 PM and 7:30 PM (EST) on the 29th; 2 PM (EST) on the 30th. Presented by the Columbus Ballet. To purchase tickets, call (706) 256-3612.

2010 Officers for Network for Professional and Executive Women

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Jean Richardson

Immediate Past President

Durona Courington

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Sommer Bundy

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Wanda Johnson, Dee Langford, Colette Daniel

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Annual Meeting

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Thank you to all the Network members who are helping us meet our responsibilities to the Teenage Parenting Center as their Partner In Education.

Partnership Success Criteria #1 is Improving Academic Performance. This includes activities like recognition of academic achievement, tutorial services, and classroom materials. Wanda and Dee compiled a list of classroom supplies needed by teachers and \$100 in gift cards to Cartridge World for refilled ink cartridges has already been provided. An honors ceremony for A and B students is planned for January 13th. In addition, Network members are asked to join the students for lunch once a month. Future lunch dates will be sent out as soon as scheduled.

Partnership Success Criteria #2 is Growing Career Opportunities. This includes activities like career speakers, job shadowing, and internships. On October 20, three 20-minute career skills workshops were given to all students by Network members. Sommer Bundy presented telephone etiquette, Jean Richardson emphasized the importance of proper dress in the workplace, and Cathy Phillips went over tips for a successful job interview.

Partnership Success Criteria #3 is Enriching the Life Experience for the Student. Examples of these activities are mentoring services or community service projects. Based on the success of the October 20 workshops, TAP has asked Sommer and Jean to return and talk to the girls about their financial life, including credit cards and other banking instruments. New member Lanitra Menefee will also cover topics related to insurance coverages. TAP also wants Network members to know that they are collecting telephone books and canned goods for anyone who wants to contribute to these projects.

Partnership Success Criteria #4 is Faculty Development and Enrichment. These activities include faculty workshops and teacher appreciation. We will be asking Network members to provide holiday treats the teachers can enjoy as part of their Christmas celebrations.

At our April Network meeting we will host all TAP graduating seniors, and provide two deserving students with \$500 scholarships. We will also host a "baby shower" in April to provide items for the student-operated store Stork's Landing. Wanda and Dee welcome any other ideas or opportunities Network members have for meeting these Success Criteria. More information can also be found on the PIE website, www.partnersineducationcolumbusga.com.

Network members are reminded to bring classroom supplies, phone books, or canned goods to our November meeting. The TAP Principal has also asked if anyone can provide unused coats - all sizes are welcome! Wanda and Dee will collect all these items at the meeting and deliver them to TAP.



NETWORK HAPPENINGS

Birthdays



November

01 Judy Talley
06 Sunny Rinker
15 Becky Meeks

December

08 Nancy Graham
16 Lynne Taylor
18 Joy Hamilton
25 Sheryl Collins



2009 Lunch Dates

Reservations are required.

November-Annual
December—No
meeting.

Lunch meetings are held on the fourth Friday of each month at Green Island Country Club (except December). Lunch is served at 11:45 AM. Come early and enjoy *networking* beginning at 11:30 AM.

Prospects are encouraged to attend two lunch meetings prior to applying for membership. See a Board Member or the Registration Table at a luncheon to obtain an application and find out more about the qualifications for membership.

Congratulations

**2009 Networker of the Year:
Wanda Johnson**

**2009 Mary Jane Gaylor Award:
Susan Henderson**

**2009 Network Grant Recipient:
Colette Daniel**

Board of Directors

President

Durona Courington (706) 320-2704
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Vice President

Jean Richardson (706) 644-0783
CB&T

Immediate Past President

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Kim Rozycki (706) 569-3055
CSU / Cunningham Center

Hospitality

Susan Henderson (706) 569-3063
CSU

Special Events

Joy Hamilton (706) 596-3062
Communicorp

Awards

Linda Kennedy (706) 327-4112

Partners In Education

Wanda Johnson (706) 569-7992
Columbus Hospice

Dee Langford (334) 732-1473
Delong Global Marketing

Web Master

Judy Talley (706) 649-6400
Business Resource Center ext. 1204

Newsletter Editor

Sommer Bundy (706) 649-2631
CB&T

Green Island Country Club at 11:45 AM.
Remember: Make your reservations today by faxing the reservation form, reservations on the web, www.NetworkForProfessionalWomen.com e-mail, jtalley@pilink.org or call Judy Talley at 649-6400 ext. 1204.

Reservation DEADLINE:

Do You Have News?

This newsletter is for all members of Network. It is for sharing news of job promotions, job openings, calendar events, family announcements and special awards.

To get your news in *Network UpBeat*, send your articles to Sommer Bundy email: sommerbundy@columbusbankandtrust.com, sunshinesgb@gmail.com or call (706) 649-2631

2009 Board Meeting Dates:

Network Board meetings are all scheduled from 12 Noon to 1:15 PM in the Pastoral Institute's Classroom.

December 1

